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saving energy in apartments
tips for using your apartment
in an energy efficient way

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By using energy economically everyone can help save the environment and go easy on one's own wallet – and there are many possibilities to save energy in your own 4 walls.



using energy consciously

Most of the time we don't even think about how and where we are using energy in our own apartment and what consumes the most energy. That's why it's smart to check your own appliances (e.g., washing machine or fridge) for their energy efficiency.

You can use the energy-labels on the appliances for orientation or use an energy cost meter. They are simply plugged between the power plug and the connector of the appliance and then collect information about the exact energy usage. You can use this as a tool to figure out where there is potential for saving energy in your apartment.

It is also advised to consciously analyse and document your heating habits - this helps to avoid unnecessary heating.

saving energy for heating

Use programmable thermostats, because they make an automatic regulation of temperature possible.

Avoid tilting windows, because there the biggest losses of warmth by far occur.

Avoid trapping heat at the radiators, because furniture and heavy curtains in front of radiators cost up to 15% of all emitted heat.

Check if the radiator has to be ventilated, because if the water pressure inside the radiator isn't adjusted properly it can't fully warm up.

Measure the room temperature, because if it is lowered by just 1°C up to 6% of heating costs can be saved.

saving costs for energy

"Really" turn off your devices, because in stand-by-mode your tv for example is still constantly using electricity.

Invest in more efficient appliances, because by using modern fridges or washing machines you can save electricity in the long run.

Use led light sources – they are even more energy efficient and long-lasting than e.g., energy saving lamps.

Compare electricity prices, because switching your electricity provider is simple and easy but can save a lot of money.